

April 2025

## LIST OF BODIES OF HEALTH PRACTITIONERS GRANTED EXEMPTION BY THE LONDON SPECIAL TREATMENTS GROUP

(EXEMPT UNDER SECTION 4 OF THE LONDON LOCAL AUTHORITIES ACT 1991)

Under Section 4c of the 1991 Act anyone who is registered with the Health and Care Professionals Council does not require a licence. This includes Physiotherapists and Chiropodists. In addition Chiropractors and Osteopaths are specifically exempted under the Act.

	Name and Address	Exempt treatments	Telephone Fax	Email Web
1.	<b>Anglo Chinese Medicine Doctor Society (ACMDS)</b> 143 Streatham High Road London SW16 6EG	Acupuncture * Massage	T. 020 8643 4222 F. 020 8643 8885	<a href="mailto:acmdsuk@gmail.com">acmdsuk@gmail.com</a> <a href="http://www.acmds.org">www.acmds.org</a>
2.	<b>Association of Naturopathic Practitioners (ANP)</b> Coombe Hurst Coombe Hill Road East Grinstead RH19 4LZ	<b>FULL MEMBERS EXEMPT ONLY</b> Acupuncture * Holistic Massage (Naturopathy)	020 3319 9315	<a href="mailto:info@naturopathy-anp.com">info@naturopathy-anp.com</a> <a href="http://www.naturopathy-anp.com">www.naturopathy-anp.com</a>

	Name and Address	Exempt treatments	Telephone Fax	Email Web
3.	<b>Association of Reflexologists</b> (includes the International Institute of Reflexology) Victoria House Victoria Street Taunton Somerset TA1 3FA	<b>STUDENT &amp; FRIEND MEMBERS</b> <b>NOT EXEMPT</b> Acupressure * Acupuncture * Aromatherapy * Ayurveda * Body Massage * Bowen Technique * Champissage * Chiropody * EFT * Holistic Massage * Hopi Ear Candles *Indian Head Massage * Manual Lymphatic Drainage * Metamorphic Technique * No Hands Massage * Polarity Therapy * Qi Gong * Reflexology * Remedial Massage  * Rolfing * Shiatsu * Sports Massage * Stone Therapy * Therapeutic Massage * Tui Na	01823 364 952	<a href="mailto:info@aor.org.uk">info@aor.org.uk</a>  <a href="mailto:tsmith@aor.org.uk">tsmith@aor.org.uk</a>  <a href="http://www.aor.org.uk">www.aor.org.uk</a>
4.	<b>Ayurvedic Practitioners Association (APA)</b> 23 Green Ridge Brighton East Sussex BN1 5LT	Ayurvedic Massage * Ayurvedic Medicine	01273 500492	<a href="mailto:info@apa.uk.com">info@apa.uk.com</a>  <a href="http://www.apa.uk.com">www.apa.uk.com</a>
5.	<b>BASRaT – British Association of Sport Rehabilitator’s and Trainers</b> Angela Cumine c/o St Marys University College Strawberry Hill Twickenham YW1 4SX	Sports Massage	020 8240 4184	<a href="mailto:cumine@smuc.ac.uk">cumine@smuc.ac.uk</a>  <a href="mailto:secretary@basrat.org">secretary@basrat.org</a>  <a href="http://www.basrat.org">www.basrat.org</a>

	Name and Address	Exempt treatments	Telephone Fax	Email Web
6.	<b>Bowen Association UK</b> PO Box 210 1DD Boston Lincs PE21 1DD	<b>ONLY FULL MEMBERS EXEMPT</b>  Bowen Therapy * Bowen Technique	01205 319 100	<a href="mailto:office@bowen-technique.co.uk">office@bowen-technique.co.uk</a>  <a href="mailto:bowenassociationuk@gmail.co.uk">bowenassociationuk@gmail.co.uk</a>  <a href="http://www.bowen-technique.co.uk">www.bowen-technique.co.uk</a>  <a href="http://www.bowenassociation.co.uk">www.bowenassociation.co.uk</a>
7.	<b>British Acupuncture &amp; Holistic Medicine Association</b>  1 Bedford Mews, East Finchley, London, N2 9DF	<b>ONLY FULL MEMBERS EXEMPT</b> *Acupuncture* Acupressure* Moxibustion* Auricular Acupuncture* Electro acupuncture* Reflexology*	020 8883 4550	<a href="mailto:info@bahma.org">info@bahma.org</a>  <a href="http://www.bahma.org">www.bahma.org</a>
8.	<b>British Complementary Medicine Association</b> PO Box 5122 Bournemouth Dorset BH8 OWG	Acupuncture * Polarity Therapy * Indian Head Massage * Manual Lymphatic Drainage * Aromatherapy	01293 851760	<a href="mailto:chair@bcma.co.uk">chair@bcma.co.uk</a>  <a href="http://www.bcma.co.uk">www.bcma.co.uk</a>
9.	<b>British Medical Acupuncture Society</b> 60 Great Ormond St London WC1N 3HR	Acupuncture	020 7713 9437	<a href="mailto:bmaslondon@aol.com">bmaslondon@aol.com</a>  <a href="http://www.medial-acupunture.co.uk">www.medial-acupunture.co.uk</a>

<b>10.</b>	<b>British Reflexology Association</b> Monks Orchard Whitbourne Worcester WR6 5RB	<b>ORDINARY MEMBERS ONLY</b>  Reflexology	01886 821207	<a href="mailto:bra@britreflex.co.uk">bra@britreflex.co.uk</a>  <a href="http://www.britreflex.co.uk">www.britreflex.co.uk</a>
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	<b>Name and Address</b>	<b>Exempt treatments</b>	<b>Telephone Fax</b>	<b>Email Web</b>
<b>11.</b>	<b>British Register of Complementary Practitioners.</b> PO Box 122 Wellington Somerset TA21 1BX	Acupuncture * Acupressure *Ayurvedic medicine* Aromatherapy * Bowen Technique * M L Drainage * Remedial, Sports, Holistic and Indian Head Massage * Reflexology * Shiatsu * Tui Na * Qi Gong	0300 302 0715	<a href="http://www.BRCP.uk">www.BRCP.uk</a>  <a href="mailto:office@brcp.uk">office@brcp.uk</a>
<b>12.</b>	<b>Chinese Medical Institute &amp; Register</b> 101-105 Camden High Street London NW1 7JN	<b>ASSOCIATE &amp; STUDENT MEMBERS NOT EXEMPT</b> Acupuncture * Tui- Na * Moxibustion *	020 7874 1801	<a href="mailto:info@cmir.org.uk">info@cmir.org.uk</a>  <a href="http://www.cmir.org.uk">www.cmir.org.uk</a>

<b>13.</b>	<b>Complementary &amp; Natural Healthcare Council</b> 46-48 East Smithfield London E1W 1AW	Aromatherapy * Bowen Technique * Reflexology * Shiatsu * Massage therapy (including sports massage)* Microsystems Acupuncture	020 3668 0406	<a href="mailto:info@cnhc.org.uk">info@cnhc.org.uk</a>  <a href="http://www.cnhc.org.uk">www.cnhc.org.uk</a>
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14.	<b>Complementary Health Professionals</b> Kemp House City Road London Borough of Enfield EC1V 2NX	<b>FULL MEMBERS EXEMPT ONLY</b>  Aromatherapy * Sports Massage* Therapeutic Massage * Indian Head Massage * Remedial Massage * Tui-Na * Neuroskelital Realignment Therapy * Manual Lymphatic Drainage * Bowen Therapy * Shiatsu * Reflexology * Reiki * Hopi Ear Candle * Metamorphic Technique	0333 577 3340	enquiries@complementaryhealthprofessionals.co.uk  www.complementaryhealthprofessionals.co.uk
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	Name and Address	Exempt treatments	Telephone Fax	Email Web
15.	<b>Complementary Medical Association</b> Three Corners 49 Albany Road St Leonards on Sea East Sussex TN38 0LJ	Acupressure * Aromatherapy * Ayurvedia * Colour Therapy * Qi Gong * Reflexology * Shiatsu * Indian Head Massage	01424 423505	<a href="mailto:jayney@the-cma.org.uk">jayney@the-cma.org.uk</a>  <a href="http://www.the-cma.org.uk">www.the-cma.org.uk</a>
16.	<b>Complementary Therapists Association (CTHA)</b> 2 <sup>nd</sup> Floor Chiswick Gate 598-608 Chiswick High Road London W4 5RT	Aromatherapy * Acupuncture * Bowen Therapy * Reflexology * Shiatsu * Alexander Technique * Reiki and other healing techniques * Sports therapeutic & holistic massage	T. 0845 202 2941  F. 0844 770 898	<a href="mailto:info@ctha.com">info@ctha.com</a>  <a href="http://www.ctha.com">www.ctha.com</a>

17.	<b>Federation of Holistic Therapists</b> 18 Shakespeare Business Centre Hathaway Close Eastleigh Hampshire S050 9XG	Acupressure * Aromatherapy * Bowen Therapy * ML Drainage * Advanced MLD * Reflexology * Shiatsu * Sports & Remedial massage * Indian head massage * Moxibustion * Foot massage * Qi Gong * Tui Na * Auricular Acupuncture * Colour Therapy * EFT * Metamorphic Technique * Polarity Therapy * Stone Therapy	0870 420 2022	<a href="mailto:info@fht.org.uk">info@fht.org.uk</a>  <a href="http://www.fht.org.uk">www.fht.org.uk</a>
18.	<b>Federation of Traditional Chinese          Medicine Practitioners (FTCMP)</b> PO Box 51189 London SE13 9DE	<b>Exemption applies only to          Members registered as Doctors</b> Acupuncture * Acupressure * Tui Na	020 8770 0018 07917 715707	<a href="mailto:ftcmpuk@gmail.com">ftcmpuk@gmail.com</a>  <a href="http://www.ftcmp.co.uk">www.ftcmp.co.uk</a>

	Name and Address	Exempt treatments	Telephone Fax	Email Web
19.	<b>Guild of Holistic Therapists</b> 320 Burton Rd Derby DE23 6AF	Acupressure * Aromatherapy * Bowen Technique * Champissage ( Indian Head Massage) * Colour Therapy * Infrared * Manual Lymphatic Drainage * Metamorphic Technique * Reflexology * Reiki * Shaitsu * Sports Massage * Stone Therapy * Thermo –Auricular Therapy * Tui Na	0845 2177381	<a href="mailto:paul.archer@beautyguild.com">paul.archer@beautyguild.com</a>  <a href="http://www.beautyguild.com">www.beautyguild.com</a>

20.	<b>Institute of Osteopathy Acupuncture Group Institute of Osteopathy</b> 3 Park Terrace, Manor Road Luton LU1 3HN	Acupuncture and Dry Needling in conjunction with Osteopathy	01582 488455	<a href="mailto:enquiries@osteopathy.org">enquiries@osteopathy.org</a>  <a href="http://www.iosteopathy.org">www.iosteopathy.org</a>
21.	<b>Institute of Sports &amp; Remedial Massage (ISRM)</b> 28 Station Parade London Borough of Enfield	Sports & Remedial Massage * Soft Tissue Therapy	020 8452 8855	<a href="mailto:mel@theisrm.com">mel@theisrm.com</a>  <a href="http://www.theisrm.com">www.theisrm.com</a>
22.	<b>Institute of Trichologists</b> 24 Longroyd Road London SW17 7PL	Trichology * Head Massage	08706 070602	<a href="mailto:admin@trichologists.org.uk">admin@trichologists.org.uk</a>  <a href="http://www.trichologists.org.uk">www.trichologists.org.uk</a>

	Name and Address	Exempt treatments	Telephone Fax	Email Web
23.	<b>International Federation of Aromatherapists</b> 146 South Ealing Road London W5 4QJ	<b>EXEMPTION APPLIES ONLY TO FULL &amp; ASSOCIATE MEMBERS</b> Aromatherapy * Massage in association with Aromatherapy only.	T. 020 8567 2243 F. 020 840 9288	<a href="mailto:office@ifaroma.org">office@ifaroma.org</a> <a href="http://www.ifaroma.org">www.ifaroma.org</a>
24.	<b>International Federation of Reflexologists</b> 8-9 Talbot Court London EC3V 0BP	<b>FULL MEMBERS EXEMPT ONLY</b> Reflexology	T. 0870 879 3562 F. 0870 879 3298	<a href="mailto:info@intfedreflexologists.org">info@intfedreflexologists.org</a> <a href="http://www.intfedreflexologists.org">www.intfedreflexologists.org</a>
25.	<b>Manual Lymphatic Drainage UK ltd</b> The Annexe at Pound Farm Church Lane Rudford Gloucester GL2 8DT	<b>ASSOCIATE &amp; FULL MEMBERS ONLY</b> Manual Lymphatic Drainage	0844 800 1988	<a href="mailto:admin@mlduk.org.uk">admin@mlduk.org.uk</a> <a href="http://www.mlduk.org.uk">www.mlduk.org.uk</a>
26.	<b>Massage Training Institute</b> Exams Administrator PO Box 368 Hitchin Hertfordshire SG5 9DT	Holistic Massage * Sports & Remedial Massage * Indian Head Massage	01462 458 225	<a href="mailto:mti@massagetraining.co.uk">mti@massagetraining.co.uk</a> <a href="http://www.massagetraining.co.uk">www.massagetraining.co.uk</a>
27.	<b>Shiatsu Society UK</b> PO Box 4580 Rugby Warwickshire CV21 9EL	Shiatsu, includes those that have completed approved 1 year course	0845 130 4560	<a href="mailto:office@shiatusociety.org">office@shiatusociety.org</a> <a href="http://www.shiatusociety.org">www.shiatusociety.org</a>



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28.	<b>Sports Massage Association</b> 86 Nelson Road London SW19 IHX	Sports Massage	0870 0052678	<a href="mailto:info@thesma.org">info@thesma.org</a>  <a href="http://www.thesma.org">www.thesma.org</a>
29.	<b>The Acupuncture Association of Chartered Physiotherapists</b> Sefton House Adam Court, Newark Road Peterborough PE1 5PP	Acupuncture * Physiotherapy * Acupressure * Moxibustion * Auricular Acupuncture	01733 390007	<a href="mailto:sec@aacp.uk.com">sec@aacp.uk.com</a>  <a href="http://www.aacp.org.uk">www.aacp.org.uk</a>
30.	<b>The Acupuncture Society</b> 27, Cavendish Drive Edgware HA8 7NR	Acupuncture * Acupressure * Chinese massage * Tui na * Korean Hand massage * Qi Gong * Moxibustion * Auricular Acupuncture * Electro Acupuncture	T. 07734 668402	<a href="mailto:acusoc@yahoo.co.uk">acusoc@yahoo.co.uk</a>  <a href="http://www.acupuncturesociety.org.uk">www.acupuncturesociety.org.uk</a>
31.	<b>The Bowen Therapists Professional Association</b> PO Box 2920 Stratford Upon Avon CV37 9ZL	Bowen Therapy	084456 17173	<a href="mailto:info@bowentherapy.co.uk">info@bowentherapy.co.uk</a> <a href="mailto:ask@bowentherapy.org.uk">ask@bowentherapy.org.uk</a>  <a href="http://www.bowentherapy.org.uk">www.bowentherapy.org.uk</a>
32.	<b>The British Acupuncture Council</b> 63 Jeddo Road London W12 9HQ	<b>FULL &amp; PROVISIONAL MEMBERS ONLY</b> Acupuncture * Moxibustion * Acupressure * Tui Na * Auricular Acupuncture * Electro Acupuncture * Thermal (infa-red)	T. 020 8735 1206  F. 020 8735 0404	<a href="mailto:Teresa@acupuncture.org.uk">Teresa@acupuncture.org.uk</a>  <a href="http://www.acupuncture.org.uk">www.acupuncture.org.uk</a>

	Name and Address	Exempt treatments	Telephone Fax	Email Web
33.	<b>The British Association of Accredited Ayurvedic Practitioners (BAAAP)</b> 5 Blenheim Road North Harrow Middlesex HA2 7AQ	<b>STUDENT MEMBERS NOT EXEMPT</b>  Ayurvedic Medicine * Ayurvedic Therapies * Indian head * Remedial massage	020 8429 0635	<a href="mailto:info@britayur-practioners.com">info@britayur-practioners.com</a>  <a href="http://www.britayur-practitioners.com">www.britayur-practitioners.com</a>
34.	<b>The Register of Chinese Herbal Medicine</b> Office 3 47 St Giles Street Norwich NR2 1JR	Acupuncture * Electro acupuncture * Auricular acupuncture * Acupressure * Moxibustion * Tui-Na * Shiatsu * Sports & Remedial Massage * Swedish Massage (Swedish massage not to be carried out alone but part of larger treatment plan)	01603 927420	<a href="mailto:herbmed@rchm.co.uk">herbmed@rchm.co.uk</a>  <a href="http://www.rchm.co.uk">www.rchm.co.uk</a>
35	<b>ThinkTree Hub Ltd</b> 27 Old Gloucester Street London WC1N 3AX	<b>Full members only</b> Acupressure* Acupuncture*Aromatherapy *Ayurveda* Bowen therapy* Holistic massage* Massage* Swedish massage* (Swedish massage not to be carried out alone but part of larger treatment plan)* Sports massage* Manual lymphatic Drainage* Moxibustion* Reflexology* Shiatsu*	(+44) 0330 229 0721	<a href="http://www.thinktreehub.com">www.thinktreehub.com</a>  <a href="mailto:admin@thinktreehub.com">admin@thinktreehub.com</a>

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36.	<b>Simply Treatments</b> 90 Caledonian Road London N1 9DN	<b>Full members only</b> <b>FVM ACU and FVM MAS</b>  Acupressure* Auricular Acupuncture*microsystems acupuncture * Dao Yin Massage * Deep Tissue Massage * Sports Massage * Tui Na * Pregnancy Massage * Reflexology * Lymphatic Drainage	0207 837 8316	<a href="http://www.simply-treatments.com">www.simply-treatments.com</a>  <a href="mailto:season29@hotmail.com">season29@hotmail.com</a>
37.	<b>Chinese Acupuncture and Herbal Medicine Alliance (CAMHA)</b> 70 Springfield Drive Ilford IG2 6QS	<b>Full members and Tuina massage members</b> <ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Tui Na</li> </ul>	07515 695369	<a href="http://cahma.co.uk/">cahma.co.uk/</a>  <a href="mailto:Cahmn15@gmail.com">Cahmn15@gmail.com</a>

