## **HOW CAN I PROTECT MYSELF?**

When thinking about scams and whether you have or are likely to fall victim, it is helpful to think about what might motivate you to reply to a potential scammer. It could be a range of factors such as:

FEELING PRESSURED

ATTRACTED TO POTENTIAL "BARGAINS"

YOU WANT TO HELP OTHERS

There are a whole host of reasons you may be tempted to respond to a potential scam. Take a moment to think what tempts you, and then be on your guard when you next think about responding to something.

To protect yourself, remember these simple messages.

IF IT SOUNDS TOO GOOD TO BE TRUE — IT PROBABLY IS.

NEVER SEND MONEY UPFRONT IN ORDER TO WIN A PRIZE OR OTHER BONUS OR OFFER YOU ARE TOLD YOU WILL RECEIVE.



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